

Almost Magical Mind Tactics That Will Make Your Ex Constantly Obsess About You Until You Take Them Back

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Almost Magical Mind Tactics That Will Make Your Ex Constantly Obsess About You Until You Take Them Back

Okay, you and your ex are no longer together and you are now frantically scrambling for a way to get them to give you another chance.

You've tried everything like bombarding them with text messages, firing daily emails to them, stalking them on facebook and face and face and NOTHING IS WORKING!

So what's your first move?

Move # 1 - You Need To Agree To The Breakup

Of course this is NOT what you really want to do but here is where the power of reverse psychology comes into play.

At the moment your ex has a lot of control over your life. (Don't worry they know this and in some dark place in their psyche they're enjoying it).

YOU'RE NOT ENJOYING IT because this lack of control is putting you regularly in a place that you feel very uncomfortable in.

How would you like to make your ex feel that state of anxiety and frustration?

Good.

This is where it gets sneaky.

NOW LET'S TALK ABOUT THE STATE OF MIND OF YOUR EX RIGHT NOW

Okay, at the moment your ex is controlling much of your life - even more so since you've broken up than probably before.

And that gives them a great sense of control and power and their self-esteem is actually really thriving on this.

Yes, you're reading that right. The state of your self-esteem and self-worth right now AND TOTAL DESPERATION is something that your ex is sub-consciously getting off on in one way or another.

Why??

Because them knowing how you feel about them -- you always being available to them -- you just absolutely craving them 24 hours a day -- is something that is a regular part of their day or week and something that their lack of self-esteem is really thriving on.

It's Time To Totally Turn The Tables On Them

Okay, this is really important.

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I'm about to show you how to totally turn the tables on your ex by making them feel really comfortable!

This feeling of uncomfortableness (if that's a word :O) will result in them thinking about you -- probably even obsessing about you -- much like you're obsessing about them and have been for weeks, months or even years!

You gotta like the sound of that!

MOVE # 2 - It's Time To Forget About Your Ex

Yep, by you actually FORGETTING ABOUT THEM is going to really drive them crazy.

Because you've been kind of like a little security blanket that they have always been able to rely on -- and now you've taken that feeling of security away from them -- how could you!!

Now it's not going to be familiar to you not to think about your ex but your Ex Back System Transformation Journal will help you to do exactly that over the next 60 days.

Your new philosophy is to be the most important person in your life -- not your ex.

This will not only fast track your recovery but will give you a whole new lease on life -- in time.

MOVE # 3 - No Contact With Your Ex

Now of course in some situations this may not be possible but what you need to do from this day forward it stop all contact with your ex (if you are unable to do this due to your personal situation then you keep things polite and strictly professional and you stop acting as a shoulder to cry on or as the friend that they can always rely on).

Now this isn't going to be easy and you're not going to want to do this but it's the best thing for you due to the following reasons:

- having contact with your ex is leaving yourself open to be repeatedly hurt by them
- it's preventing you from moving on
- it's leaving yourself right where you ex sub-consciously wants you (desperately craving them)
- it's a fallback position for your ex to come crawling back till something better comes along

Now if you're having constant contact with your ex you're not going the chance

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to heal emotionally from the breakup so that you can quickly recover from it so that you can explore the possibility of reconciliation with them.

The fact of the matter is if you're feeling like a train wreck your ex isn't going to want you back. They don't a relationship with someone who is desperate, needy and high maintenance. They want you to be in control of your life so that you're a maintenance yet super partner for them.

Now it's not going to be easy for you to pull off no contact on your own which is why The Ex Back System will help you.

Let's face it, you've tried getting them back without assistance and it hasn't worked has it?

So why leave it to chance any longer when you really only have ONE SHOT at getting back together with your ex?

Isn't your relationship worth more than leaving it to chance?

Now as you continue to not have contact with your ex they're going to start wondering about you.

Why?

Because they're not hearing from you and you're not easy to find information about (unless it's the kind of info that you want them to know and The Ex Back System will show you what to secretly divulge that will have them always wondering about you and the best ways to pull it off without it even looking like the information is coming from you :O)).

Now you're not going to have to stop contact with them forever.....just till you feel in control of your emotions and that you can safely see your ex without falling apart at the seams and begging them for a second chance.

What Happens If Your Ex Contacts You?

It means it's working :O)

You're actually getting them interested in you by doing absolutely nothing at all (how easy is that)! And a hell of a lot less stressful.

Now when they start contacting you you can talk on the phone a bit, you can text message a bit, but the ultimate goal is you want to get them back. There's timing involved here and in The Ex Back System I'm going to provide you with what to say and when and when to push the envelope if your ex remains undecided on reconciliation.

You need to be patient and you need to have faith that you can get back together.

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Whatever happens, The Ex Back System is going to help you totally transform yourself from the desperately sad place you're in right now into a much more positive and desirable person -- less needy and emotional -- who would be an asset to anyone.

In fact, at this point some people even decide that their ex isn't the one that they really want and continue the System to find someone who appreciates them for what they're really worth.

Let's Recap

Okay, let me recap reverse psychology techniques to help you get your ex back.

Technique #1 - Agree to the breakup

Technique #2 - Forget about your ex (or pretend to anyway)

Technique #3 - Little to no contact with your ex

Now these three techniques will not get your ex back on their own. These are in fact your three opening moves, if you like, that are part of your plan to get your ex back -- three parts of a large puzzle.

These three moves put you on the right road to getting your ex back. To get the complete formula you need to go to <http://www.ExBackSystem.com> now and download the complete system.

When You Download The Ex Back System To Your PC Right Now You'll Get These Benefits Almost Straight Away:



It is universal and works for men and women/husbands and wives, **regardless of who broke it off and why**



How to increase your chances of getting back together from the moment you break up - Page 8



How to ensure that your ex will never get back together with you (this is what everyone does when they broke up and these strategies are what you need to avoid or **stop doing right now**) - Page 10

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Why the staying friends approach never works - Page 14



How to **stop driving your ex into the arms of other people** (not to mention destroying any respect they have left for you) - Page 15



What to say and do with a simple old fashioned letter that can *fix every mistake you've made to date* - Page 17



The one thing you need to do today to lay the foundation for future reconciliation - Page 19



Simple strategies to make yourself infinitely more attractive to your ex (you'll catch their eye every single time with this method and *they won't be able to stop thinking about you*) - Page 20



Reverse psychology secrets to **make your ex obsess about YOU** instead of the other way round (this takes little effort on your part but gives maximum results) - Page 20



What you can do today to stop being an emotional train wreck and emotionally healing as quickly as possible so that you're ready to be reconciled as soon as possible) - Page 22



How to demonstrate to your ex that you're ready for a second chance (**you can do this within 24 hours from now**) - Page 24



How to capture their attention and keep it (making them beg YOU for a second chance) - Page 24



How your ex will be able to keep tabs on everything you do (*they'll become fixated on what you're doing in your life even if you have no contact with them*) - Page 28



The most powerful way to not only recover from your break up but also **heal after a bad breakup** - Page 32

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How to become the sexiest person on the planet in the eyes of your ex (even if you're carrying an extra 20 pounds and have really let yourself go) - Page 33



Knowing the one time slot you have of trying to reconnect with your ex (winning your ex back after a failed reconnect attempt is virtually impossible) - Page 40



How to avoid the Unreturned Communication Trap and **have your ex looking forward to regularly catching up with you** - Page 41



The best way to instigate your first contact with your ex - how to let "fate" lend a hand and help you reconnect with your ex (this one will have your ex thinking about you on a constant basis) - Page 49



The topics to avoid when talking with your ex to *avoid driving them away for good* (most people get this wrong and totally mess up their chance of getting back together) - Page 52



You've set the stage for your first contact...you need to understand **the best time and place to meet your ex** (plus the kind of places to avoid) - Page 53



A sneaky technique to ensure your ex contacts YOU to set up dates - Page 54



How to get your ex *eagerly awaiting your next meeting* (without you doing a thing) - Page 56



How to *gently nudge* your ex from being just friends **to wanting to date you again** - Page 57



The best second date location and the places to avoid (by now *your ex will be thinking about the prospect of reconciliation without you saying a word*) - Page 60

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The BIG date (**you're only three dates away from being reconciled with your ex**) - Page 62



The *most important factor* of your BIG date (if you get this wrong you'll ruin the date and destroy your chances of getting back together) - Page 62



The Straight In The Eye Technique that convinces them to want to get back together with you for good - Page 63



The Push The Envelope technique that works when you need to be more pushy than usual - Page 65



How to make sure your relationship stands the test of time AFTER you get back together (you don't want to ruin your second chance to only bust up over something stupid in the near future) - Page 67



One of you cheated? How to **wipe the slate clean** and *increase your chances of staying together regardless of who wronged who* - Page 69



Is your ex dating someone else? How to *sweep in and reverse the break up* (in fact, it's actually to YOUR advantage if they're already in another relationship) - Page 73

And a hell of a lot more.



[Click Here To Claim Your Copy of The Ex Back System By Clicking Here](#)

The Ex Back System IS A System

First, **what the Ex Back System is NOT** -- it is NOT a flimsy, thin e-book, filled with platitudes. It is not just an e-book that you download, read once if you are lucky, and forget about. It's also not a system where you're left to your own devices from the moment you download it (remember the 60 day messages of guidance and support that you'll get as a bonus?)

Rather, the Ex Back System is a complete, action-based system, providing you with everything you need for you to get

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your Ex Back As Soon As Possible, supporting you in every way possible. You don't just buy the system and then are left high and dry...**you will keep hearing from me, to to encourage you, to strengthen you, and be with you** -- every step of the way.

This Amazing System Consists Of The Following Parts:

Your Ex Back System "READ ME FIRST" Guide

Format: PDF Guide

This tells you what the different pieces are, how to use them and how they fit together and should be the first thing you read after you download The Ex Back System.

[\\$17.00 Value](#)

Your Ex Back System PDF Guide

Format: PDF Guide

This is the "meat" of the System containing 83 pages of easy-to-understand and easy-to-follow information. This not only introduces you to the 5 phases, it tells you what you will be doing in each phase, and why.

[\\$97.00 Value](#)

Your Ex Back System Mini-workbooks

Format: PDF Guide

These mini workbooks or "cheatsheets", if you like -- one for each of the 5 phases -- use them in combination with the mindmaps -- these keep you in touch with the main points for each phase, and complete it with a checklist for that phase.

[\\$47.00 Value](#)

Your Ex Back System Colorful MindMaps

Format: PDF Guide

These mindmaps have been specifically created so you can see exactly where you are and what the next step is (You may want to print each one out and post it in your house when going thru that phase -- or, if you are clever enough, even use it as the background on your computer.)

[\\$27.00 Value](#)

Your 60-Day Transformation Journal.

Format: PDF Guide

Your 123 page Transformation Journal is there to help you

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every step of your journey....Questions relevant to where you are in the system, to help you think about what you are doing and encourage you in your efforts. If you've never kept a journal before, you'll find this one a particular treat, as there are questions to guide you, and help you keep your thinking positive and daily motivational messages to help you stay on track with one focus every step of the way.

[\\$97.00 Value](#)

Your 60 Days of e-mail messages from me, Brian.

Format: Email Correspondence

You can look forward to hearing from me every day for the next 60 days (after you sign up to the list...). In fact, you'll be hearing from me so often that you'll probably get sick of me LOL

[\\$97.00 Value](#)

Your Ex Back System Letter Templates

Format: Pdf Guide

Wondering exactly what to say to your ex? Don't worry about it a moment longer with my templates containing the kind of things to write to your ex, depending upon the situation.

[\\$47.00 Value](#)

With The Ex Back System Audio Course you'll be able to listen to The Ex Back System on your way to work, in the car, at the gym, wherever you listen to music on your mp3 player....

Your Ex Back System Video Series

Format: Avi & MP4

The Ex Back System Video course **features almost two hours of professional voiceovers and video guides**, making the process of winning your ex back not only effective, but also FUN! The video package also comes with a charmingly-illustrated 20,000-words long e-book that you can print out and follow put to use anytime - even if you don't have a computer at hand!

[\\$297.00 Value](#)

Your Ex Back System Audio Series

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Format: MP3

With The Ex Back System Audio Course you'll be able to listen to The Ex Back System on your way to work, in the car, at the gym, wherever you listen to music on your mp3 player....

[\\$97.00 Value](#)

Total Value \$823.00 but yours today at more than 90% off...

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**Get INSTANT ACCESS To
The Ex Back System
Real World Value \$823.00
Sale Price \$47**

YES Brian, I want in! Please let me have one of the 500 available copies of your "The Ex Back System" for just ~~\$823~~ \$47.

I want to use your Ex Back System to increase my chance of getting my ex back ASAP. Not only that but I will use the Ex Back System to help me restore my feelings of self-worth and self-esteem that have significantly dropped since the relationship with the person I loved ended.

Just click the happy orange "Add To Cart" button below to access "The Ex Back System" right now...



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Internet Security Note: The Secure Order Form On The Next Page Will Look Like This:

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"Thanks For Helping Me Cope"

"Brian, I would like to thank you for your help. Thank you so much for the information and techniques you have taught me. It has taught me a lot....It is working and has helped me cope."
Chris (email on file).

7 Good Reasons To Buy The Ex Back System:

- 1. You'll Get Instant Access** - forget snail mail, you get it instantly, day or night, even if it's 3 in the morning.
- 2. You'll Learn Techniques to Instantly Make You Feel Better & More Positive** - it's hard to think positive thoughts after a break up but believe me I'll find 'em and I'll help you find 'em too :O)
- 3. You'll Have Ongoing Support Over The Next 60 Days** - you won't be alone....you'll have your own 123 page daily Transformation Journal plus every day for 60 days you'll receive daily email messages from me to keep you focused, inspired and positive
- 4. You'll Learn How To Heal Quickly From Your Breakup** - the sooner you can heal the sooner you'll be able to use the "system" to a second chance romance with your ex....

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5. You'll Learn How To Build Your Self-Esteem & Self Worth - Your breakup has totally destroyed the way you feel about yourself and your self-worth. In order to be of value to others (especially your ex) you have to act in a dignified manner with self-respect (The Ex Back System will help you achieve that).

6. You'll Restore The Control Of Your Life Back Into Your Hands Where It Should Be....your ex is currently controlling every facet of your life right now and that's why you're feeling so out of control (*because you are)....I'm going to give YOU back that control so that you can control your own destiny from this moment forward and control whether you actually want your ex back or even deserve someone a lot better :O)

7. You Get To Use The System RISK FREE For 60 Days - Don't Like It? No Sweat....I'll Pay YOU \$47!

I wish you your personal success and happiness...

Brian

PS: I'm looking forward to becoming your relationship mentor to help you reverse your break up and move forward happily into the future.

"Your Dvd Is Awesome"

"Brian, I just want to let you know that I have just seen your DVD. It is awesome! I have basically followed your steps from the book and also the video (I really liked the video you gave cause it was very interactive)"
Derek (email on file)



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PPS: You have nothing to lose. **The Ex Back System** is 100 percent guaranteed to totally transform your life from where you are now and help you get your ex back **or I will buy it back from you!** Stop delaying your ex back journey. While you pro

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PPPS: The Ex Back System is the real deal and so am I.... If you want proof of that or have a question about The Ex Back System send me an email to brianexbacksystemATgmail.com



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